



## Marie Blackford

RGN. Jin Shin Jyutsu Practitioner / Self help Instructor,  
Member of the NZ Charter of Health Practitioners.

I have been practising Jin Shin Jyutsu for the past 10 years.

" I am passionate about the use of hands in facilitating healing and well being in the Body, Mind and Spirit. I especially enjoy teaching the Self Help programme to others, allowing them to take responsibility for their own welfare in simple non- threatening ways. I also offer Rapid Eye Movement Therapy which eliminates deep traumas and long standing hurts and unwanted deep seated painful memories.

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