



## **Jennifer Holmes**

**Practitioner and Self Help Instructor**

**Qualified 1999**

**NZ Organizer for Jin Shin Jyutsu**

**International Seminars**

**2003-2008**

**Member NZ Charter of Health Practitioners**

I have trained extensively both in NZ and overseas, and love the way Jin Shin Jyutsu empowers people to help and “know” themselves.

I am a full time practitioner and also teach Self Help.

Office: 4 Georgina St. Freemans Bay, Auckland 1011

Self Help Classes available on request.

Phone: (09) 361 3091 Mob: 021-636388

Email: [jsjen@gmail.com](mailto:jsjen@gmail.com)

The New Zealand Association of Jin Shin Jyutsu Inc.